

## Minutes from October 17, 2016 SHAC Meeting

The group reviewed the purpose of the School Health Advisory Council at the beginning of the meeting. We discussed the fall "Let's Move Sherman" fair to be held on Oct. 29<sup>th</sup> at Sory Elementary from 10:00 A.M. until 2:00 P.M. One of the SHAC members will be mixing up healthy smoothies at the event and could use help. Even if members can't help at the event, they are encouraged to attend this annual event that promotes healthy living for our students and parents.

Members of SHAC will be giving input to the wellness policy which is in the process of being updated. The policy will be emailed to the members for their comments.

The next meeting will be scheduled for Tuesday, December 6<sup>th</sup> at 6:00 P.M. at the administration building.