

SHAC Meeting Minutes – May 24, 2016

The two food policies that we discussed this year along with the permission form to be used at campuses was sent to the principals. The policies concerned adults providing food for children other than their own and bringing food for parties. The permission form allows another adult to provide food for one's child.

The annual employee wellness/partner's fair will be held during the in-service week in August, probably on August 18th. The group discussed how the fair is held. More information will be sent out to SHAC members as the time gets closer to the event so that they can participate or volunteer.

The idea of more break times has been discussed throughout the year by SHAC. John Nikirk recently attended a principal's meeting and presented research on this topic. With the addition of fifteen minutes to the school day, it is hoped that the elementary principals will strongly consider using that time for additional break time.

Texoma Community Center has provided the district with information on their Addiction Treatment Facility. Their programs include the following: Outpatient Substance Abuse Treatment; Adult Specialized Female Outpatient Services; Outreach, Screening, Assessment, and Referral; Drug Offender Education Program; and Tele-health SA Treatment Services.

John Nikirk presented information on the Blue Zone initiative to the group. The initiative stems from a National Geographic study of five pockets of civilization that live longer than normal. Commonalities among the groups include healthy living, community engagement, faith, socialization, etc. Around 30 towns in the U.S. currently are Blue Zone communities with Fort Worth being one. A local group is working to learn what is involved to put this project in place in the Sherman/Denison area. SHAC will be heavily involved when the process gets started.