

## Minutes from SHAC Meeting

October 2, 2017

Members were given a brief description of the responsibilities of being on SHAC. Goals for the year were discussed, and members were asked to think about what goals we would like to set. Discussion of a school garden program carried over from last year with the idea of meeting with the high school principal to see if one could be started on that campus. John Nikirk, Andra Petrean, and Judy Hathcock will try to schedule a meeting with him soon.

The Let's Move Sherman annual fall event which takes place on November 4<sup>th</sup> from 10-2 on the grounds of the administration building was discussed. John Nikirk will have a SHAC booth offering samples of healthy smoothies to attendees. Several other organizations were mentioned as possibly participating in this event. John Spradley, director of food service, who is in charge of the event said that anyone interested in hosting a booth should contact him.

Break time for students was also discussed. A few years ago, John Nikirk talked to the principals about the value of additional breaks for students. He and Patricia Stanaway are going to try to do local research on what other districts are doing for another such presentation.

Laura Dominick volunteered to be the parent co-chair for this year. The next meeting will be held in early December.