



# THE BEARCAT WAY

## Integrity

OCTOBER

*Doing What Is Right Even When No One Is Watching*

We all prefer honesty over deception, but integrity is about more than just honesty. Integrity is about **doing the right thing** even if **no one else knows about it**.

The last part is the most difficult. When there is no one to see you take the cookie, did it really happen? When no one sees the dodge ball graze your shirt, did it actually touch you? A person of integrity knows that yes, you took the cookie and the ball did touch you. But it goes beyond “knowing.” **A person of integrity knows what is right and actually does it.**

Lessons of integrity must move from “knowing” to “doing.” When we make a mistake, hurt someone’s feelings, or do something else “wrong,” that is an opportunity for us to **develop and exhibit integrity**.

Having integrity is doing what is right even when no one else is watching. **This is the Bearcat Way!**

[www.shermanisd.net/thebearcatway](http://www.shermanisd.net/thebearcatway)

### Try This!

**PRAISE honesty.** When someone is truthful, we should celebrate them, so others see that honesty is the best policy.

**EXPLAIN right and wrong.** Even when we understand that we should always do what is right, we may still have questions about what is “right.”

**USE an integrity-centered vocabulary,** like “fair,” “honest,” and “right.” These words help us understand the value of integrity.

### Reflections

- Would you rather tell the truth and lose or tell a lie and win? Why?
- What does it feel like to win? What does it feel like to lose?
- How does it feel when someone lies to you?
- When was the last time that you showed integrity?
- Who do you know that is full of integrity?