

SEE YOUR SUCCESS:

Imagine your best life. What will you be doing?
Where will you be living? Who will be there
with you? What makes you happy?

Lined writing area for journaling thoughts and answers to the prompts above.



REPEAT EVERY MORNING FOR A MONTH:

I matter, no matter what.
I'm great just the way I am.
I am important to this world.
I am wanted.
People need me.
I can do difficult things.
I have what it takes.

People say I'm good at:

Blank space for writing down things people say you are good at.

I am unique because:

Blank space for writing down what makes you unique.

Write positive words to describe yourself.

Four large circles arranged in a 2x2 grid. The words "I AM" are written in the center of the circles.

