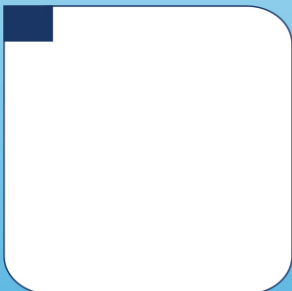
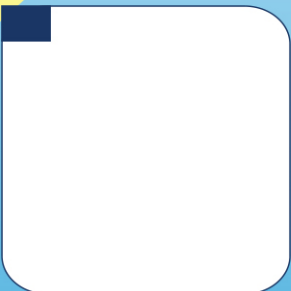
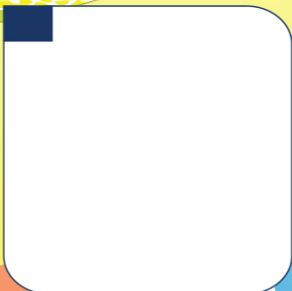




# Fred Douglass Breakfast Menu

November 2019



**01**

**French Toast Stick**

Orange  
Choice of Milk

**04**

**Breakfast Pizza**

Diced Pears  
Choice of Milk

**05**

**Morning Sausage Roll**

Orange  
Choice of Milk

**06**

**Cheerios**

Applesauce  
Choice of Milk

**07**

**Banana Muffin**

Banana  
Choice of Milk

**08**

**Blueberry Waffles**

Cantaloupe  
Choice of Milk

**11**

**Scrambled Eggs w/ Cheese**

Apple  
Choice of Milk

**12**

**Chocolate Chip Muffin**

Fruit Mix  
Choice of Milk

**13**

**Country Chicken Biscuit**

Applesauce  
Choice of Milk

**14**

**Maple Mini Pancakes**

Banana  
Choice of Milk

**15**

**Turkey Pancake Wrap**

Applesauce  
Choice of Milk

**18**

**French Toast Sticks**

Apple  
Choice of Milk

**19**

**Blueberry Muffin**

Diced Pears  
Choice of Milk

**20**

**Waffle**

Applesauce  
Choice of Milk

**21**

**Strawberry Banana Yogurt**

Banana  
Choice of Milk

**22**

**Cheerios**

Cantaloupe  
Choice of Milk

**25**

 Thanksgiving Break  
No School

**26**

 Thanksgiving Break  
No School

**27**

 Thanksgiving Break  
No School

**28**

 Happy Thanksgiving

**29**

 Thanksgiving Break  
No School

**More info...**  
**November 8<sup>th</sup> – Try Day Friday**  
**November 20<sup>th</sup> – Thanksgiving Lunch**

**More info...** 