

# SISD Food Allergy Healthcare Plan

This is a basic Individualized Healthcare Plan. For a more comprehensive IHP that includes Nursing Intervention Classifications (NIC) and Nursing Outcome Indicators (NOC) please go to the National Association of School Nurses website:  
[www.nasn.org/ToolsResources/FoodAllergyandAnaphylaxis](http://www.nasn.org/ToolsResources/FoodAllergyandAnaphylaxis)

<b>Name:</b>		<b>DOB:</b>		<b>Current Date</b>	
<b>Student ID:</b>			<b>Diagnosis:</b>		
This plan reflects updates from SB 27 and TASB Policy Update 94.					
Assessment Data	Nursing Diagnosis	Goals	Interventions	Outcome	
Potential for anaphylactic shock secondary to severe food allergy.  Asthma: YES/NO (circle one)	Risk for ineffective breathing related to bronchospasm and inflammation of the airways secondary to allergic reaction.	Student will have FAAP/EAP and IHP in place to include student, parental and staff roles in preventing and managing an anaphylactic reaction.	Secure medical documentation of food allergy, FAAP/EAP and information about food substitutions. <ul style="list-style-type: none"> <li>Educate school staff on early signs of potential anaphylaxis and appropriate steps to take in emergency care. <ul style="list-style-type: none"> <li>School wide training on recognition of signs of allergic reaction.</li> <li>Student specific training for classroom, administrative, cafeteria, custodial and transportation personnel.</li> <li>Train designated staff in the use of the epi auto-injector, first aid care, EMS contact.</li> <li>Designated personnel receive copy of FAAP/EAP and IHP.</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>* Medical documentation received (FAAP/EAP)</li> <li>* Yearly staff awareness training conducted and documented.</li> <li>* Student specific training delivered and documented in student file.</li> <li>* Staff demonstrate proper use of epi auto-injector. In event of allergic reaction, staff responds according to FAAP/EAP.</li> <li>* Staff responds to student report of allergen exposure and supports student with self-care or by administering epi auto-injector.</li> <li>* Post crisis review conducted in the event of an allergen exposure.</li> </ul>	
		Student will demonstrate awareness of the significance of allergic reactions, symptoms and treatment.	<ul style="list-style-type: none"> <li>Review with student food allergen and potential that allergen may be "hidden" ingredient.</li> <li>Review with student procedures to follow if they perceive a situation that may expose them to a food allergen.</li> <li>Review with student treatment methods including how/when to report allergic symptoms to school personnel.</li> <li>Ensure that students who have permission to carry epi auto-injector have adequate knowledge to perform self-care. Educate as necessary to ensure student and school community safety.</li> </ul>	<ul style="list-style-type: none"> <li>* Student will read food labels before ingestion.</li> <li>* Student will not accept food offered by others.</li> <li>* Student can demonstrate assertiveness when encountering situations that have potential to result in exposure to food allergen.</li> <li>* Student will identify allergic reactions, notify school personnel and treat immediately.</li> </ul>	

		Establish a food safe environment for students with food allergies.	<p>Educate staff regarding allergen and institute environmental controls.</p> <ul style="list-style-type: none"> <li>• Have students/personnel wash hands or use hand wipes before and after food handling or consumption. Emphasize that hand sanitizer is NOT effective in removing food allergens from hands or surfaces.</li> <li>• Review food allergy and exposure prevention strategies with food service staff.</li> <li>• Secure medical documentation for food substitutions.</li> <li>• Secure “emergency meal” from parent in event food allergen can not be avoided.</li> <li>• Review cleaning procedures with custodial staff. Establish a food safe environment for student with food allergies.</li> <li>• Notify classroom parents and staff of need to restrict presence of food allergen in student’s classroom activities.</li> <li>• Avoid use of food for instruction/reward purposes.</li> <li>• Adhere to bus policy about food consumption on the bus.</li> <li>• Minimum 2 week advance notice on field trips and other off campus activities.</li> <li>• Facilitate student participation in full range of school activities.</li> </ul>	* Student is NOT exposed to food allergen and has no allergic reactions.
	Potential for diminished self-esteem secondary to food allergy diagnosis.	Protect/Enhance student’s self-image.	<ul style="list-style-type: none"> <li>• Zero tolerance for bullying related to food allergy.</li> <li>• Educate student on assertiveness techniques.</li> <li>• Empower student to educate classmates.</li> </ul>	<p>* Student does not experience bullying or discrimination related to food allergy.</p> <p>* Student demonstrates positive self-esteem related to food allergy via verbal and non-verbal communication.</p>