## Sherman High School Breakfast Menu
September 2nd – 6th, 2019

**More info…**
Fill out a new Meal Application. You can speed up the process by going online to: [http://shermanisd.heartlandapps.com](http://shermanisd.heartlandapps.com)
For assistance contact 903-891-6426

**More info…**
*Make On-line payments @ Myschoolbucks.com
Sept. 6th - 7:00PM
Brewer Bear Stadium
Sherman vs. Brewer
GO BEARCATS!!!!

### Monday
**Hot Breakfast:**
- Cheesy Ham & Egg
- Pancake Panini
- Sausage & Egg Biscuit

**Continental Style:**
- Vanilla Glazed Donut
- Assorted Cereals
- Purple Haze Yogurt Smoothie

**Each Breakfast Includes:**
- Choice of Fruit
- Choice of Milk

### Tuesday
**Hot Breakfast:**
- Cheese & Bacon
- Breakfast Roll
- Sausage & Cheese Biscuit

**Continental Style:**
- Pancakes
- Assorted Cereals
- Strawberry Yogurt Parfait

**Each Breakfast Includes:**
- Choice of Fruit
- Choice of Milk

### Wednesday
**Hot Breakfast:**
- Breakfast Pizza
- Country Chicken Biscuit

**Continental Style:**
- Frosted Strawberry Poptart
- Assorted Cereals
- Strawberry Pineapple Yogurt Smoothie

**Each Breakfast Includes:**
- Choice of Fruit
- Choice of Milk

### Thursday
**Hot Breakfast:**
- Biscuit & Gravy
- Cheesy Ham Biscuit

**Continental Style:**
- Chocolate filled Crescent
- Assorted Cereals
- Blueberry Yogurt Parfait

**Each Breakfast Includes:**
- Choice of Fruit
- Choice of Milk

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This institution is an equal opportunity provider.