Guidelines for Self-Administer Prescription Asthma or Anaphylaxis Medication

A student with asthma or anaphylaxis is entitled to carry and self-administer prescription asthma or anaphylaxis medicine while on school property or at school-related events or activities if the following guidelines are met: the prescription medicine has been prescribed for the student as indicated by the prescription label on the asthma or anaphylaxis medicine; the self-administration is done in compliance with the prescription or written instructions from the student’s doctor or other licensed health care provider; a parent of the student provides a written authorization to the school, signed by the parent, for the student to self-administer the prescription asthma or anaphylaxis medication; and a parent of the student provides to the school a written statement from the student’s doctor or other licensed health care provider, signed by the doctor or provider that states that the student has asthma or anaphylaxis reaction and is capable of self-administering the prescription medication, the name and purpose of the medicine, the prescribed dosage for the medicine, the time at which or circumstances under which the medicine may be administered, and the period for which the medicine is prescribed.

The doctor’s statement must be kept on file in the school nurse’s office at the campus that the student attends. A person standing in parental relation to a student or the student himself, if over the age of 18, may give permission to use an asthma inhaler or anaphylaxis medication under these guidelines.