Fred Douglass Breakfast Menu
November 2019

01 French Toast Stick
Orange Choice of Milk

02 Blueberry Waffles
Cantaloupe Choice of Milk

03 Morning Sausage Roll
Orange Choice of Milk

04 Cheerios
Applesauce Choice of Milk

05 Banana Muffin
Banana Choice of Milk

06 Blueberry Muffin
Diced Pears Choice of Milk

07 Waffle
Applesauce Choice of Milk

08 Strawberry Banana Yogurt
Banana Choice of Milk

09 Scrambled Eggs w/ Cheese
Apple Choice of Milk

10 Chocolate Chip Muffin
Fruit Mix Choice of Milk

11 Country Chicken Biscuit
Applesauce Choice of Milk

12 Maple Mini Pancakes
Banana Choice of Milk

13 Turkey Pancake Wrap
Applesauce Choice of Milk

14 French Toast Sticks
Apple Choice of Milk

15 Blueberry Muffin
Diced Pears Choice of Milk

16 Waffle
Applesauce Choice of Milk

17 Strawberry Banana Yogurt
Banana Choice of Milk

18 Cheerios
Cantaloupe Choice of Milk

19 Country Chicken Biscuit
Applesauce Choice of Milk

20 Turkey Pancake Wrap
Applesauce Choice of Milk

21 French Toast Sticks
Apple Choice of Milk

22 Blueberry Muffin
Diced Pears Choice of Milk

23 Waffle
Applesauce Choice of Milk

24 Strawberry Banana Yogurt
Banana Choice of Milk

25 Thanksgiving Break No school

26 Thanksgiving Break No school

27 Thanksgiving Break No school

28 Happy Thanksgiving

29 Thanksgiving Break No school

More info...
November 8th – Try Day Friday
November 20th – Thanksgiving Lunch

More info...
Community Eligibility Provision (CEP)

This institution is an equal opportunity provider.