Athletic Trainer

Job Title: Athletic Trainer
Status: Exempt
Reports to: Athletic Director/Athletic Coordinator
Terms: 187 days
Dept./School: Athletics
Pay Grade: Professional 1

Primary Purpose:

Plan, coordinate, and supervise all components of the athletic training program for student athletes. Work under the direction of the team physician to prevent, recognize, assess, manage, treat, and rehabilitate athletic injuries and illnesses.

Qualifications:

Education/Certification:
Bachelor’s degree
Valid license from Texas Advisory Board of Athletic Trainers
Current adult cardiopulmonary resuscitation (CPR) and automated external defibrillator (AED) certification

Special Knowledge/Skills:
Knowledge of therapeutic modalities and injury prevention
Ability to provide emergency care and rehabilitation for student athletic injuries
Ability to instruct and supervise student athletes and student assistants
Strong organizational, communication, and interpersonal skills

Experience:
_____ years experience as an athletic trainer

Major Responsibilities and Duties:

1. Plan and implement a comprehensive athletic injury and illness prevention program for student athletes.

2. Attend practice sessions and athletic contests and prepare athletes using protective techniques and devices as needed.

3. Provide emergency or continued care and refer athletes to physician for definitive diagnosis and treatment.

4. Detect and resolve risks to athletes and determine continued participation in athletic events.

5. Develop and establish specific procedures (Emergency Action Plans) to be carried out in the event of a medical emergency.

6. Provide health care information and counsel and instruct student athletes on subject matter related to sports medicine.
7. Establish and maintain effective communication with students, parents, medical and paramedical personnel, coaches, and other staff.

Provide Services of Athletic Trainer At:

8. Varsity and sub-varsity games
9. Home-volleyball, basketball, baseball, soccer, softball, middle school football, and track meets

Rehabilitation/Reconditioning

10. Plan and implement a comprehensive rehabilitation and reconditioning program for injuries and illnesses sustained by student athletes.
11. Determine therapeutic goals and objectives for individual athletes, apply therapeutic modalities, and instruct athletes on proper use of exercise equipment.
12. Fit injured athletes with specialized equipment and oversee its use.
13. Evaluate and record rehabilitation progress of athletes. Develop criteria for progression and return to practice and competition.
14. Follow and enforce professional, ethical, and legal parameters regarding use of drugs and therapeutic agents for treatment and rehabilitation of injured athletes.

Administration

15. Coordinate scheduling of athletic physical examinations and screening.
16. Select, train, and supervise student assistants.
17. Compile, maintain, and file all reports, records, and other documents including medical, accident, and treatment records as required.
18. Maintain an inventory of training supplies and equipment. Requisition additional supplies as needed.

Supervisory Responsibilities:

Direct the work of student assistants.

Mental Demands/Physical Demands/Environmental Factors:

Tools/Equipment Used: Exercise equipment and devices including stationary bike, pulleys, weights, whirlpool, paraffin bath, ultrasound equipment, and cold packs; automated external defibrillator (AED)

Posture: Prolonged standing; frequent kneeling/squatting, bending/stooping, pushing/pulling, and twisting
Athletic Trainer

Motion: Continual walking; moderate reaching

Lifting: Moderate to heavy lifting and carrying

Environment: Work outside (exposure to sun, heat, cold, and inclement weather) and inside; exposure to noise; exposure to biological hazards, bacteria, and communicable diseases; frequent districtwide and statewide travel

Mental Demands: Maintain emotional control under stress; frequent prolonged and irregular hours

This document describes the general purpose and responsibilities assigned to this job and is not an exhaustive list of all responsibilities and duties that may be assigned or skills that may be required.

Reviewed by __________________________ Date

Received by __________________________ Date

Updated: 2/18/2015