

Texoma Community Center

315 West McLain Street, Sherman, TX 75090

P.O. Box 1087, Sherman, TX 75091-1087

Phone: (903) 957-4701

FAX: (903) 957-3415

If you do not have a primary physician, you are free to contact ANY primary care physician of your choice. However, you may wish to contact one of the following resources for help. *Inclusion on this list does not guarantee they will accept you as a patient.*

Medical Assistance

Grayson County Health Department

515 North Walnut, Sherman, TX

903-893-0131

Well Woman & Family Planning / Immunizations.

Grayson County Health Department

205 North Houston, Denison, TX

903-465-2878

Immunizations.

Bruce Maniet, DO

101 South Broadway, Bells, TX

903-965-7700

319 South Highway 69, Whitewright, TX

903-364-2022

Medicare.

Sherman Medical

2500 North Travis Street, Sherman, TX

903-868-8900

Cash Only, Does not accept Medicaid.

Lions Club

2105 Jason Circle, Sherman, TX

903-868-2537 (leave message)

Eyeglasses.

Muenster Memorial Hospital

605 North Maple, Muenster, TX

940-759-2271

WNJ WellCare Medical Group

600 N. Highland Ave, Ste 10, Sherman, TX 75092

903-957-2100

Medicaid, Medicare, Private Pay, Insurance.

Bonham Community Health Center

920 North Center Street, Bonham, TX

903-583-6155

Callie Clinic

1521 Baker Road, Sherman TX

903-891-1972

Family Care Clinic

308 Charlie Drive, Whitesboro, TX

903-564-9090

Greater Texoma Health Clinic

900 North Armstrong Ave, Denison, TX

903-465-2440

By application only- Please call for appointment.

TexomaCare- Bonham

2201 North Highway 121, Bonham, TX

903-583-3111

Medicaid 2yrs-17years old only.

TexomaCare- Denison

5012 S US Hwy 75, Ste 225, Denison, TX

903-416-6025

Fannin County Indigent Health Care

1203 E. Sam Rayburn, Bonham, TX

903-583-2915

Primary Care Associates

600 North Highland Ave, Sherman, TX

903-892-8112

Discounted Rate/Private Pay or uninsured only.

North Texas Medical Center

1900 Hospital BLVD, Gainesville, TX

940-665-1751

Indigent Health, Medicaid, Sliding Scale.

Four Rivers Outreach- Dental

333 West Jones Street, Sherman, TX

Open by Appointment

903-870-4000

Grayson County Indigent Health

1111 Gallagher Drive, Sherman, TX

903-771-2851

Sliding Scale/Application.

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These are a few Outpatient Counseling Services in the Cooke, Fannin and Grayson County areas. Their placement on this list does not constitute an endorsement of their services. *Inclusion on this list does not guarantee services.*

Counseling

Cooke County

Michael Anne Bryson Counseling

207 S. Dixon, Gainesville, TX

940-665-8056

Medicaid, Insurance, Private Pay.

Breakthrough Christian Counseling

1001 E Broadway Street, Gainesville, TX

940-612-0049

Abigail's Arms

P.O. Box 1221, Gainesville, TX

24 hour Hotline 940-665-2873

Victims of Domestic Violence.

Avery Behavioral Health

202 S. Dixon Street, Gainesville, TX

940-612-2445

Medicaid, Medicare.

Texoma Community Center

319 N. Dixon, Gainesville, TX

940-665-3962

Robert E. Hanson, PH

209 W. California, Gainesville, TX

972-345-1789

Medicaid, Medicare, Insurance.

Fannin County

Faye Wedell, LPC, LMFT

112 W. 5th St., Bonham, TX

903-640-3868

Texoma Community Center

1221 E 6th Street, Bonham, TX

903-583-8583

Jan D Snow, LPC

112 West 5th Street, Bonham, TX

903-815-6791

Michelle Griffith

112 W. 5th St., Bonham, TX

903-436-2406

Fannin County Family Crisis Center

Address not provided for safety precautions

903-583-7694

Victims of Domestic Violence.

Erin Holt, LPC

1212 N. Center Street, Bonham, TX

469-964-2297

Counseling (Continued)

Grayson County

Robert M. Cross, PhD

200 N. Travis Street, Ste. 303, Sherman, TX
903-819-8888

Tanya Brown-Davis, LPC

100 N. Travis Street, Ste. 406, Sherman, TX
903-893-4884

Stonebridge Family Counseling

3400 East FM 691, Sherman, TX
903-337-0343

Marriage, Family & Relationship Counseling.

Anger & Stress Management

Trauma, Grief, Illness, Abuse, Adolescent Issues.

Eating & Mood Disorders.

Assertiveness & Self-Esteem issues.

Child Guidance Clinic of Texoma

804 E. Pecan Grove, Sherman, TX
903-893-7768

Individual & Family Counseling, Parenting.

Grayson County Counseling Service

2009 Texoma Parkway, Ste. 3, Sherman, TX
903-892-2874

John Kasper, LPC

2007 Texoma Parkway, Ste. 195, Sherman, TX
903-892-8901

Dan McCaig and Associates

402 West Lamar, Sherman, TX
903-891-3831

Women's Crisis Center

Address not provided for safety precautions

903-893-3909

Victims of Domestic Violence.

Center for Psychological Development

1105 Memorial Drive, Ste. 202, Denison, TX
903-337-0343

Applied Psychology Group

600 E. Taylor, Ste. 4011, Sherman, TX
903-893-0298

Texoma Community Center

315 W. McLain, Sherman, TX
903-957-4700

Lakes Behavioral Health

421 North Sam Rayburn Drive, Sherman, TX
903-892-8185

Substance Abuse Counseling.

Steps 2 Strides

2300 West Morton Street, Ste. 114, Sherman, TX
903-462-4085

Outpatient Pediatric Rehabilitation, Birth to 21 years.

Speech, Physical, & Occupational Therapy.

Dietician, Behavioral Counseling, Social Services.

Crime victims & crisis intervention.

Trinity Counseling

416 E Main, Denison, TX
903-465-6344

Sliding Scale.

Compassion and Support

505 W Center, Sherman, TX
903-868-9315

Grief Counseling.

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These are few psychiatrists in the Cooke, Fannin and Grayson County areas. Their placement on this list does not constitute an endorsement of their services. *Inclusion on this list does not guarantee services.*

Local Psychiatrists

Deepika Bhargava, MD

600 E Taylor, Ste 4001, Sherman, TX
903-892-0751
Medicaid, Medicare, & Private Insurance.

Gary Watts, PA

2925 Country Club Rd, Ste. 102, Denton, TX
940-382-1120
No Medicaid.

Dante Burgos, MD

2704 Washington St, Greenville, TX
903-454-7200
Medicaid, Medicare, & Private Insurance.

Jawad Riaz, MD

115 W. Lamberth, Suite A, Sherman, TX
903-892-6700

Vernon Johnson, MD

302 E. Brockett, Sherman, TX
903-893-1400
Children only, 6yo-12th grade.

Gayatri Singh, MD

2300 W. White Ave, Ste 106, McKinney, TX
972-562-4755

Tri Med Behavioral and Sleep Medical
Oluyemi Aina, MD and Aaron A. Brown, DO
1601 N. Travis, Sherman, TX
903-328-6556

Bryan County Oklahoma Services

Mental Health & Substance Services of OK

1001 W. Main Street
Durant, OK 74701
580-924-7330
800-522-1090
Medicaid, Medicare, Income based.

Mental Health Services of Southern Oklahoma

1001 W Main Street
Durant, OK
580-924-7330
Medicare & Private Insurance.

Sequel Care of Oklahoma

103 N. 3rd Street
Durant, OK
580-298-2830
Mental health and substance abuse services.

Alcoholics Anonymous- Turning Point Group

St. John's Church
515 W Beech
Durant, OK
Mon, Tue, Thu, Sat at 7pm

Narcotics Anonymous- Key To Life

East Side Presbyterian Church
501 NE 4th Avenue
Durant, OK
Tue-Sun at 8pm & Monday at 12pm

New Vision

1600 W University
Durant, OK
1-800-939-2273
Detox, Inpatient, Medicaid/Medicare

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There are a few shelters in different areas. Their placement on this list does not constitute an endorsement of their services. *Inclusion on this list does not guarantee services.*

Shelters

Grayson County Shelter

331 W. Morton, Denison, TX

903-465-6041

Women 23 and older, Men 45 and older, Families.

Surrender House for Men

521 W. Morgan St., Denison, TX

903-463-4840

\$80/Week For men

Salvation Army

5700 Texoma Pkwy, Sherman, TX

903-868-9602

Dallas Life Foundation

1100 Cadiz, Dallas, TX

214-421-1380

Men, Women, & Children

New Bridge Family Shelter

79 Gillis St, San Angelo, TX

325-655-5774

Samaritan Inn

1710 N. McDonald, McKinney, TX

972-542-5302

Presbyterian Night Shelter

2400 Cypress Ft. Worth, TX

817-632-7400

Single men and women & women and children

Union Gospel-Men's Center

1321 E. Lancaster Ft. Worth, TX

817-332-3019

Men Only.

Abigail's Arms

P.O. Box 1221, Gainesville, TX

24 Hotline 940-665-2873

Victims of domestic violence. Women and Children.

Dragonfly House

Van Alstyne, TX

903-213-2218

dragonflyhousetx@gmail.com

Sober living – females only

Women's Crisis Center

Address not provided for safety reasons

903-892-8595

Domestic Violence.

Fannin County Family Crisis Center

Address not provided for safety reasons

903-583-7694 or 903-583-7000-Hotline

Domestic Violence.

North Texas Youth Connection

1602 E. Lamar St., Sherman, TX

903-893-4717

Shelter for Young Teens.

The Bridge

1818 Corsicana, Dallas, TX

214-670-1100

Men, women, & children.

Union Gospel Women's Center

1321 E. Lancaster, Ft. Worth, TX

817-332-7531 or 817-332-6908

Men, women, & children

Austin Street Shelter

2929 Hickory St, Dallas, TX

214-428-4242

Men 45+ & women 18+, no children.

House of Eli

123 S. Ricketts, Sherman, TX

903-815-9792

Transitional living Boys 17-21

My Brother's House-Sober Living

711 W Division, Muenster, TX

940-634-3996

Sober living home. Males only.

Mary Pat's

3818 Hwy 82 West, Gainesville, TX

940-736-6787

Cost \$80 per week

Sober living – females only

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Food, Utility, and Medical Assistance

Please call ahead to make sure locations are open and times that they are available.

Cooke County

Visto Clinic

1401 Southland Dr, Gainesville, TX 76240

940-668-6403

Medication, food, utility assistance. -serving Cook Co.

Living Word Food Pantry

302 S Dixon St, Gainesville, TX

940-665-1191

Food assistance

TCOG Energy Assistance

903-813-3541

Utility assistance serving Cooke, Fannin, and Grayson Counties.

Sacred Heart Food Pantry and Outreach

120 N Mesquite St, Muenster

940-759-4730 or 940-759-3074

Food assistance

LITE-UP Texas

888-782-8477 or 866-454-8387

www.liteuptexas.org

Phone and utility assistance – Texas residents

Fannin County

TCOG Energy Assistance

903-813-3541

Utility assistance serving Cooke, Fannin, and Grayson Counties.

LITE-UP Texas

888-782-8477 or 866-454-8387

www.liteuptexas.org

phone and utility assistance – Texas residents

Leap Thrift Store

116 Collins St, Leonard TX

903-587-2288

Basic Food Pantry

1100 W 5th Street, Bonham TX

903-583-9150

Food assistance.

Fannin County Residents who meet TEXCAP income guidelines

Bonham Community Health Services

920 N Center St, Bonham, TX

903-583-8611

Medication assistance.

Fannin County Indigent Health

1203 E Sam Rayburn Dr, Bonham TX

903-583-2915

Medication assistance.

Fannin County Community Ministry

1022 FM 273, Bonham, TX

903-583-3663

Food assistance.

Manna House

914 S 5th Street, Bonham TX

903-449-0466

Food assistance

Food, Utility, and Medical Assistance (Continued)

Please call ahead to make sure locations are open and times that they are available.

Grayson County

Park Avenue Church of Christ

3000 Park Ave, Denison TX

903-465-1288

Medication/food pantry- serving Denison.

Lakeway Samaritan

512 E. FM 120, Pottsboro, TX

903-786-4331

Medication, food, and utility assistance.

Salvation Army

All applicants must be employed or employable

5700 Texoma Parkway, Sherman, TX

903-868-9602

TCOG Energy Assistance

903-813-3541

Utility assistance serving Cooke, Fannin, and Grayson Counties.

Tom Bean Ministerial Alliance

903-546-6231

Medication/food assistance if living within Tom Bean ISD.

Denison Helping Hands

418 W Chestnut, Denison, TX

903-465-5101

Food assistance for Denison residents.

St. Luke's Food Pantry and Soup Kitchen

306 N Fannin St, Denison TX

903-465-2630

Food assistance

Harmony Baptist Church Food Pantry

2111 E Tuck St, Sherman TX

903-892-2044

Food assistance, Sherman Residents only

The Callie Clinic

1521 Baker Road, Sherman, TX

903-891-1972

Medication & medical assistance, food pantry, transportation, mental health, dental, and STD testing.

Your Neighbor's House

201 S. Union St, Whitesboro, TX

903-564-4400

Food assistance.

Share Ministries Food Bank

820 E. Houston St, Sherman, TX

903-893-7097

Food assistance.

Grand Central Station – The Dining Car

110 Throckmorton, Sherman, TX

903-957-0264

Food assistance, education, community service opportunities, showers & laundry.

LITE-UP Texas

888-782-8477 or 866-454-8387

www.liteuptexas.org

phone and utility assistance – Texas residents

Bells – Savoy Community Care Center Food Pantry

210 S Broadway St, Bells TX

903-965-4861 – Tues 9am-5pm only

Food assistance

Karekeys Food Assistance

209 S Heritage Pkwy, Sherman TX

903-771-2816

Food assistance

Key Care Mission

921 E Houston St, Sherman TX

903-868-2604

Food assistance.

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Income-Based Apartments

Hilltop Village Apartments

4919 Timberview, Sherman TX
903-892-3171

Norwegian Woods Apartments

220 Archer Dr., Sherman TX
903-893-1594

David Catching Apartments

311 N. Collins Freeway, Howe, TX
903-532-6538

Glenbrook Apartments

420 W. Young St., Howe TX
903-532-6538

Steeplechase Apartments

3621 Steeplechase Dr. (Hwy 1417)
903-771-1410
www.rentourspace.com

Williamsburg Apartments

100 W. Williams St., Pottsboro, TX
903-786-3093

Diamond Place Apartments

1600 LaSalle Dr., Sherman, TX
903-892-2999

Hunnington Apartments

2300 W. Taylor St., Sherman TX
903-868-2000

Section 8 Housing / TCOG

1117 Gallagher Rd, Sherman TX
903-813-3558
www.texashousingcounselor.org

Sherman Housing Authority

2001 N. Hoard, Sherman, TX
903-893-3139

Denison Housing Authority

330 N. 8th Avenue, Denison, TX
903-465-2650

Affordable Apartments

Parkview Apartments

1200 W. Taylor St, Sherman TX
903-813-4050

Sherman Oaks

415 Archer Dr, Sherman TX
903-893-0344

Easton Parc Apartments

1600 La Salle Drive, Sherman TX
903-892-2999

Camelot Apartments

2700 S. Travis St, Sherman TX
903-893-6102

Highland Park Village

1925 W Taylor St, Sherman, TX
903-892-0188

Lakewood Apartments

303 S. FM 1417, Sherman TX
903-893-9551

St. James Apartment Homes

1225 Park Place, Sherman, TX
903-892-8358

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Substance Use Disorder Resources

Outreach Screening Assessment & Referral

Texoma Community Center

315 W. McLain Street, Sherman, TX
903-957-4803

Narcotics Anonymous Hotline

888-851-1246

NA meeting & events search in southern OK and northern TX

Alcoholics Anonymous Hotline

214-887-6699

Marijuana Anonymous Hotline

1-800-766-6779

Support group search and information services.

DSHS Offender Education

Certified Locations Search & Information

www.dshs.state.tx.us/offendered/

Substance Abuse Helpline Toll-Free

1-800-246-HOPE (4673)

M-F 8am-5pm.

Substance Abuse Council

201 S. Travis St, Sherman, TX
903-892-9911 or 940-668-7463

Prevention and education programs.

Greater Dallas Council on Drug & Alcohol Abuse

1349 Empire Central Drive, Ste 800, Dallas, TX
214-522-8600

Call for additional resources and information.

Department of State Health Services

1-800-963-7111

<http://www.dshs.state.tx.us/>

Alcoholic Services of Texoma

2415 Texoma Pkwy, Sherman, TX
903-868-2123

Recovery Resource Council

2700 Airport Freeway, Ft. Worth, TX
817-332-6329

Substance abuse screening, Education, Outpatient, Counseling.

Outpatient Treatment for Substance Use Disorder

Texoma Community Center

315 W. McLain, Sherman, TX
903-957-4803

No Cost. Outpatient, Drug Offender Education.

Homeward Bound

315 Sunset Ave, Dallas, TX
214-941-3500

First Come, First serve Mon-Fri. 7:30am-1pm

Lena Pope Home Inc

3200 Sanguinet Street
817-255-2652

Tarrant County residents only.

Medmark Treatment Centers of Texas Inc.

5201 McCart Ave, Fort Worth, TX
817-207-8700

House of Hope

2415 Texoma Parkway, Sherman, TX
903-868-2123

DWI & Drug Offender education/intervention.

Lakes Behavioral Health Center- Sherman

421 Sam Rayburn Fwy, Sherman, TX
903-892-8185

Low or no-cost.

Lakes Behavioral Health Center- Bonham

410 W. Sam Rayburn, Bonham, TX
903-583-0060

Low or no-cost.

Lakes Behavioral Health Center- Greenville

4200 Stuart, Greenville, TX
903-455-3987 x1312

Low or no-cost.

Lakes Behavioral Health Center- Terrell

400 Airport Rd, Terrell, TX
972-524-4159

Volunteers of America Texas Inc.

4700 S. Riverside Dr, Fort Worth, TX
817-529-7300

Outpatient & Inpatient treatment.

Outpatient Treatment for Substance Use Disorder (Continued)

MHMR of Tarrant County

1518 E. Lancaster Avenue, Fort Worth, TX
817-335-3022 or 1-800-866-2465

Adult & Adolescent Outpatient, Detoxification, Residential Treatment, Spanish Speaking Outpatient, Smoking Cessation, HIV Services, Veterans Services.

North Texas Addiction Counseling and Education Inc.

124 W Pioneer Parkway, Ste. 120, Arlington, TX
817-765-8278

Inpatient/Residential Treatment for Substance Use Disorder

Billy Gregory Detox

1501 E. El Paso St, Fort Worth, TX
817-569-4600

Accepts unfunded. Inpatient and chemical detox.

Homeward Bound

5300 University Hills Blvd., Dallas, TX
214-941-3500

Accepts unfunded. First Come, First serve Mon-Fri. 7:30am-1pm

Nexus Recovery Center Inc.

8733 La Prada Dr, Dallas, TX
214-321-0156

Inpatient for adolescence, women & children

The Recovery Center

2501 Taylor St, Wichita Falls, TX
940-761-3034 or 866-937-7772

\$9,800 for 28 days, Private Insurance

Lena Pope Home Inc.

3800 Hullen St, Fort Worth, TX
817-255-2652

Tarrant County residents only.

Cenikor-North TX Residential Facility

2209 S. Main St., Ft. Worth, TX
817-921-2771

18-24mo program

Christian Farms-Treehouse Inc.

3804 Riverside Trail, Temple, TX
254-933-9400

30-90 day program, no detox, Medicaid, \$4500/month

Salvation Army Rehab Center

2901 Northeast 28th St, Fort Worth, TX
817-834-6271

Men Only

Magdallen House

1302 Redwood Circle, Dallas, TX
214-324-9261

Women only, non-medical alcohol detox, no cost.

New Vision

1600 W University, Durant, OK
1-800-939-2273

Detox, Inpatient, Medicaid/Medicare

Serenity House Drug & Alcohol Rehab

1546 N 2nd Street, Abilene, TX
325-673-6489

Scholarships available. Residential and Outpatient.

Solutions of North Texas in Denton

2216 Bolivar, Denton, TX
940-898-6202

90 day Residential and Outpatient. Financial assistance.

Medication Assisted Treatment Providers for Substance Use Disorder

Dr. Robert Hernandez, MD

Primary Medicine of North Texas
140 W. Lamberth Road, Sherman TX
903-868-0808

Dr. John E. Galewaler, DO

Whitesboro Family Clinic
304 Charlie Drive, Whitesboro, TX
903-564-3506

Dr. Sullivan Bryant, MD

Axcel Treatment and Recovery Clinic
1105 Memorial Dr, Denison
903-337-0208

Dr. Olyuenmi Aina, MD

1601 N. Travis, Sherman, TX
903-328-6556

Dr. Dante Burgos

BHG Denison Treatment Center
1105 Memorial Dr, Suite A, Denison, TX
903-464-0727

Dr. Randal Unsell, MD

177 Angel Ridge Lane, Sherman,
214-735-8259

Dr. Jawad Riaz, MD

115 W Lamberth, Suite A, Sherman, TX
903-892-6700

Narcotics Anonymous

Cooke County

Narcotics Anonymous

216 S. Commerce St, Gainesville, TX

Mon, Tue, Wed, Fri, Sat, & Sun at 8pm. Thu at 12pm & 7pm

Grayson County

Full Circle 1st United Methodist Church

301 W Maple St, Whitewright, TX

Mon, Wed, Sat at 7:30pm

Refinishing at Saint Episcopal Church

314A North Walnut, Sherman, TX

Sun, Mon, Tues, Thurs and Sat at 7pm. Wed at Noon.

Surrender Group at Price United Methodist Church

410 N. York Ave, Denison, TX

Sun-Thu at 7:30pm

Something Different at Covenant Presbyterian Church

322 W. Pecan St, Sherman, TX

Mon-Fri at Noon

Fannin County

Primary Purpose

1308 E Sam Rayburn Dr, Bonham, TX

Nightly at 7pm. Women's Monday at 8:15pm

Celebrate Recovery

3000 Park Ave, Denison, TX

903-465-1288

800 Baker Park Drive, Sherman, TX

903-892-9635

Joshua's Crossing, 7201 FM 691, Denison, TX

903-870-8048

Friday Night from 6pm to 9pm

Crystal Meth Anonymous - Crossroads Group

212 C N. Crockett, Sherman, TX

903-893-3910

6pm (open)

Keep it Simple at Trinity Lighthouse

2915 Spur 503, Denison, TX

Fri & Sat at 8pm

Alcoholics Anonymous

Cooke County

Al Anon

606 N. Taylor St, Gainesville, TX

903-429-6673

Fannin County

Al-Anon

818 N. Main St, Bonham, TX

Mon at 7pm

Twinkle Group

112 Kennedy Dr., Bonham, TX

Mon-Sun at 8pm

Grayson County

Sherman Serenity

106 S. Elm St, Sherman, TX

903-868-2734

Mon-Sun 8am, 12pm, and 8pm. Sun 10am

www.dallasintergroupassociation.com

Van Alstyne Al-Anon

301 S. Preston St, Van Alstyne, TX

Tue, Thu, Fri, & Sun 6pm

Anchor Group

1608 N. Commerce, Gainesville, TX

940-612-2016

Mon-Sat at 12pm. Mon, Wed-Fri at 6pm. Wed & Thu at 7:30.

Sun at 10am and 8pm

New Beginnings Group

1308 N. Sam Rayburn Freeway, Bonham, TX

903-640-8916

Mon-Sat at 12pm. Sun at 1pm & 6pm

Texoma #1 Group

300 W. Morgan, Denison, TX

903-465-4430

Mon-Sun 12pm & 8pm. Mon-Friday 7am & 6pm.

Sat & Sun 8am & 10am. Fri & Sat 10pm

Social Service Organizations

And Other Helpful Numbers

National Alliance on Mental Illness; Grayson, Fannin, and Cooke County (NAMI GFC) Meeting

815 S. Dewey Hwy 11, Sherman, TX
903-814-7121

*Mental illness support group.
3rd Thursday monthly 6-8pm.*

Community Services Network

320 King Avenue, Denison, TX
903-786-5899

Grand Central Station Dining Car

110 S. Throckmorton, Sherman, TX
903-957-3910

*M-F open 9 a.m.-1 p.m./Sat open 10 a.m.-12
p.m. They provide free lunches, showers,
washers/dryers, limited health care and
dental services, clothing available.*

Four Rivers Outreach

210 South Rusk Street, Sherman, TX
903-870-4000

Job & life skills, GED & literacy.

Pregnancy Care Center

105 West Pecan Street, Sherman, TX
903-893-9099

Sherman SNAP Center

1500 Broughton Street, Sherman, TX
903-892-3733

Senior nutrition.

SNAP of Whitesboro

105 Mineral Street, Whitesboro, TX
903-564-6021

Senior nutrition.

Compassion and Support

First United Methodist Church
401 N. Elm Street, RM 110, Sherman, TX
903-868-9315

Grief Support Counseling/Group

You're Not Alone Support Group

St. Luke's - 427 W Woodard, Denison
Tuesdays - Refs 5:30-6p, Group 6-7pm
*Support for all genders who have experienced
any traumatic event including abuse as well
as substance abuse. 903-465-2630*

Assure Wireless

1-888-898-4888

Free wireless phone and 200 minutes.

Adult Probation-Cooke County: 940-668-5540

Adult Probation-Fannin County: 903-583-7446

Adult Probation-Grayson County: 903-813-4207

Adult Protective Services: 1-800-252-5400

Child and Family Guidance Center: 903-893-7768

Child Protective Services: 1-800-252-5400

Clinical Pathology Laboratories: 903-891-8797

Crisis Center: 903-893-5615

Department of Assistive and Rehabilitative Services: 903-813-8200

District Parole Office: 903-868-2616

Health Department-Denison: 903-465-2878

Health Department-Fannin County: 903-583-7495

Health Department-Sherman: 903-893-0131

Housing Authority of Cooke County-Gainesville: 940-665-1747

Housing Authority of Grayson County: 903-892-8717

Housing Authority-Bonham: 903-583-3336

Housing Authority-Denison: 903-465-2650

Housing Authority-Sherman: 903-893-3139

Jail-Fannin County: 903-640-4171

Jail-Grayson County: 903-892-8443

Juvenile Probation-Fannin County: 903-378-7890

Juvenile Probation-Grayson County: 903-786-6326

Medicaid/Food Stamps-Cooke County: 940-665-9315

Medicaid/Food Stamps-Fannin County: 903-583-5535

Medicaid/Food Stamps-Grayson County: 903-892-0581

North Texas State Hospital: 940-552-9901

North Texas Youth Connection: 903-893-4717

Police Department-Bonham: 903-583-2141

Police Department-Denison: 903-465-2422

Police Department-Gainesville: 940-668-7777

Police Department-Sherman: 903-892-7281

Sheriff-Cooke County: 940-665-3471

Sheriff-Fannin County: 903-583-2143

Sheriff-Grayson County: 903-813-4408

Social Security Office: 903-893-4654

TAPS Bus: 1-800-256-0911

Texas Highway Patrol: 903-813-3400

Texoma Council of Governments 903-893-2161

Texoma Council on Alcoholism & Drug Abuse: 903-892-9911

Texoma Medical Center Hospital: 903-416-4000

TMC Behavioral Health Center: 903-416-3000

VA North Texas-Bonham: 903-583-2111

Wilson N. Jones Regional Medical Center: 903-870-4611

WNJ Behavioral Health Services: 903-870-7322

Workforce Solutions Texoma-Bonham: 903-640-0222

Workforce Solutions Texoma-Denison: 903-463-9997

Workforce Solutions Texoma-Gainesville: 940-665-1121

Workforce Solutions Texoma-Sherman: 903-957-7408

Resources Not Found on Texoma Community Center Resource List

Name	Information	Contact Information
2-1-1 Texas Area Information Center (TCOG)	Gathering, maintaining, and referring information for social services, community-based organizations and state agencies	1117 Gallagher Drive, Ste.210 211 https://www.tcog.com/client-services/2-1-1/
American Red Cross	Provides assistance with immediate emergency needs to persons affected by disasters	2527 Hwy. 691 Denison 903-465-1330 www.texoma.redcross.org
CASA of Grayson County	Provides advocates for children going through judicial cases	100 N. Travis, Ste. 302 903-813-5400
Child Advocacy Center of Grayson County	Advocates for children in abuse situations Provides educational programs in schools	910 Cottonwood 903-957-0440
City of Sherman Social Services	Helps with Toys for Tots; Help with utilities for single mothers	903-892-7251 www.cityofsherman.org
Energy Assistance Program (TCOG)	Provides help with utility bills	1117 Gallagher Drive, Ste.300 903-813-3541 www.texoma.cog.tx.us
Family Promise of Grayson County	Help with temporary housing for families	903-271-1088 director@familypromisegrayson.org
Grandparents as Parents Group	Support group for grandparents raising grandchildren; offers other programs as well	1117 Gallagher Drive, Ste.200 903-893-2161 www.texoma.cog.tx.us
Home Hospice of Grayson, Cooke, and Fannin Counties	Operates Camp Dragonfly , a children's grief camp for ages 8-12	505 W. Center Street 903-868-9315 www.homehospice.org
Dr. Mark Venable	Accepts most insurance	1800 Teague Drive. Ste. 4004 903-892-4466
The Institute for Healthy Families of North Texas	Private counseling	3301 Gillespie Rd. McKinney 972-569-8843
Tidemark Therapy - Brittainy Wagner	Private therapy	600 E. Taylor Suite 4004 903-267-4023
Texoma Counseling Associates	Provides academic, career/college counseling;	903-462-4600 www.denisontca.com

	mental health counseling ages 9 and up; substance abuse counseling	
Bill Mory	Private therapy	219 S. Travis 903-624-3960 www.morytherapy.com
TMC Behavioral Health Center (on TCC list but more info included here)	Ages 13-17 12 beds; Medicaid, insurance	2601 Cornerstone Drive 903-416-3000 855-815-2417