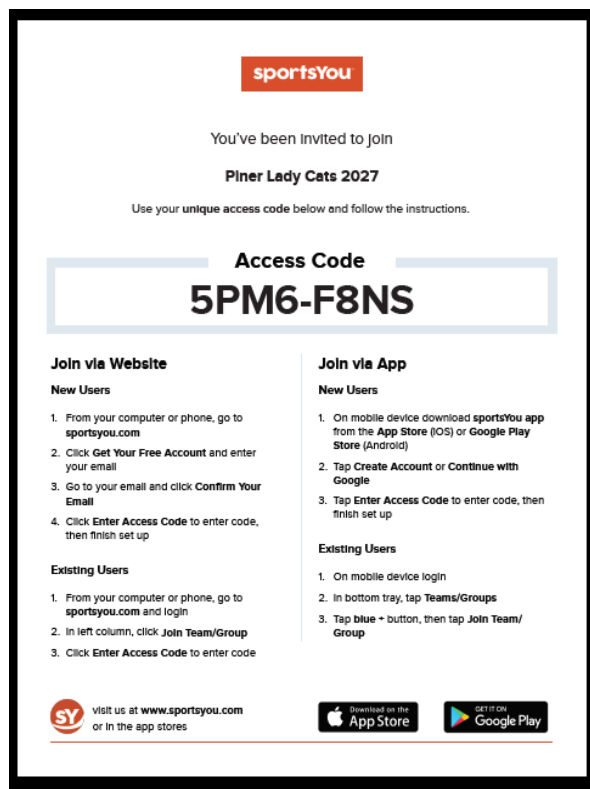




**Athletics  
Information  
Incoming 7<sup>th</sup>  
Graders for 2021-  
2022**

# COMMUNICATION BETWEEN PARENTS AND COACHES

## Piner Lady Cats Class of 2027



sportsYou

You've been invited to join  
**Piner Lady Cats 2027**

Use your unique access code below and follow the instructions.

**Access Code**  
**5PM6-F8NS**

**Join via Website**  
**New Users**

1. From your computer or phone, go to [sportsyou.com](http://sportsyou.com)
2. Click **Get Your Free Account** and enter your email
3. Go to your email and click **Confirm Your Email**
4. Click **Enter Access Code** to enter code, then finish set up

**Existing Users**

1. From your computer or phone, go to [sportsyou.com](http://sportsyou.com) and login
2. In left column, click **Join Team/Group**
3. Click **Enter Access Code** to enter code

visit us at [www.sportsyou.com](http://www.sportsyou.com) or in the app stores

Download on the App Store | GET IT ON Google Play

<http://www.sportsyou.com>

## Girls Facebook Page

Piner Lady Cats Athletics



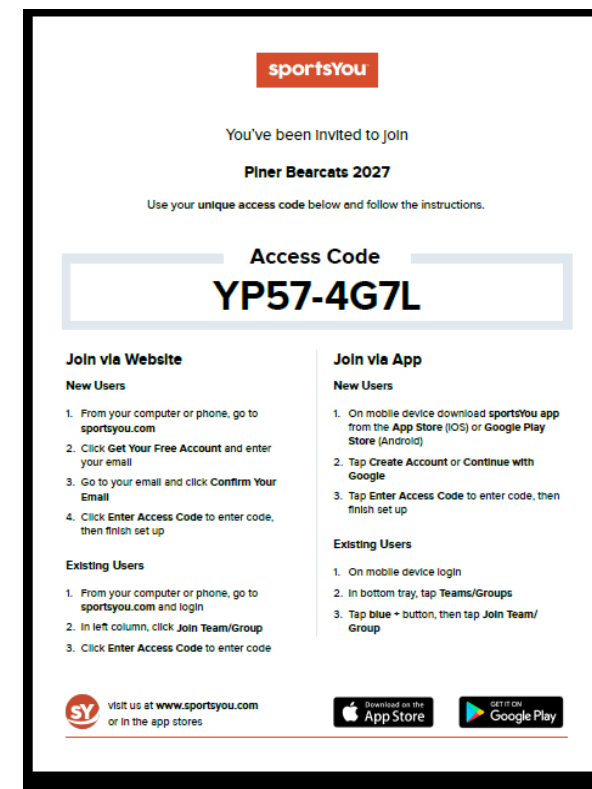
## Boys Facebook Page

Piner Bearcats Athletics



All mass communication including important dates and upcoming events will happen on these platforms. Make sure you have signed up for the correct Sports You page and follow the correct Facebook Page.

## Piner Bearcats Class of 2027



sportsYou

You've been invited to join  
**Piner Bearcats 2027**

Use your unique access code below and follow the instructions.

**Access Code**  
**YP57-4G7L**

**Join via Website**  
**New Users**

1. From your computer or phone, go to [sportsyou.com](http://sportsyou.com)
2. Click **Get Your Free Account** and enter your email
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<http://www.sportsyou.com>

# What is required for your student be to involved in athletics in middle school?

Each student athlete must have a physical completed by a doctor and a complete Rank One Profile. A copy of the completed physical must be returned to Coach Hancock and complete Rank One profile completed online by **July 30, 2021**.

Each student athlete will also be required to purchase daily athletic workout gear and sweatshirt and sweatpants, this will be from an online store.

## Rank One Sport Plus Health



Follow the directions to get to the Rank One website or App. Create a parent account, parents must fill out all UIL paperwork and parent forms.

<https://www.uil-texas.org/files/athletics/forms/PrePhysFormRvvsd1-19.pdf>

Physicals must be dated after May 1, 2021. Please schedule visits with your doctor after this date.

# Summer Strength and Conditioning

Summer strength and conditioning workouts will be held during the months of June and July at the track/turf barn at Sherman Middle School. Dates and times to be determined. Information will be sent out on Sports You and Facebook pages.



# SPORTS OFFERED

## Girls

Volleyball



Basketball



Track



Soccer

## Boys



Football



Basketball



Track



Soccer

## Co-Ed



Cross  
Country



Tennis