



CASH AWARDS 5K/15K

- 1st Place Overall - \$100/\$100
- 1st Place Master (40+) - \$50/\$50
- 1st Place Grand (50+) - \$50/\$50
- 1st Place Senior (60+) - \$50/\$50

Top overall, male and female, receive awards and cash.
 Top Master (40+), Grand (50+) and Senior (60+), male and female, receive an award and cash prize.
 Top three finishers in each age group receive awards.
 Largest Team and Largest Group also receive awards.

5K & 15K AGE GROUPS

Male & Female: 0-9, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+

SCHOOL TEAMS & GROUP INFO

School Athletic Teams - \$10 (5K/15K); \$5 (Mini-K)
 Groups (5+) - \$15 (5K/15K); \$8 (Mini-K)

Use exact Team/Group names on registrations.
 Send Team/Group registrations together by 9/15/09.

PACKET PICK-UP

September 17 & 18 Noon - 6 pm



3939 U.S. Highway 75 North
 Sherman, Texas

REGISTRATION

15K - Single entry fee is \$20 until 9/15/09. Race day entries and entries postmarked after this date are \$25. Entry fee includes a t-shirt.

5K - Single entry fee is \$20 until 9/15/09. Race day entries and entries postmarked after this date are \$25. Entry fee includes a t-shirt.

Mini-K - A one-mile run/walk for all ages. Single entry fee is \$10 until 9/15/09. Race day entries and entries postmarked after this date are \$15. Entry fee includes a t-shirt.

TECHNICAL SHIRTS

for the first 100 paid 5K /15K entrants!

Saturday, September 19th

RACE DAY SCHEDULE OF EVENTS

- 6:00 am Registration & packet pick-up
- 7:15 am 15K Registration Ends
- 7:30 am 15K Run Starts
- 7:45 am 5K Registration Ends
- 8:00 am 5K Run Starts
- 9:00 am Mini-K Fun Run Starts
- 10:30 am 5K & 15K Awards Ceremony

THE COURSE

The 5K, 15K and Mini-K begin and end at the corner of Laurel & Rusk Streets near the Sherman Municipal Grounds where the Sherman Arts Festival takes place.

The courses are on city streets and the 5K/15K each have water station(s) available. The 5K & 15K courses are USAT&F certified and course routes are available at: www.shermanisd.net/SEF/run/run_index.htm



Questions? Contact us at 903.891.6431 or kbickerstaff@shermanisd.net

ENTRY FORM

Name _____

M F Age _____ Birthdate _____

Address _____

City _____ St _____

Zip _____ Phone _____

E-Mail _____

Team Name _____
(limited to school athletic teams only)

Group Name _____

Shirt Size: YS YM S M L XL XXL
(we do our best to provide the size you request, however sizes cannot be guaranteed)

_____ Timed 5K

_____ Timed 15K

_____ Mini-K



Make checks payable to:
 Sherman Education Foundation
 P. O. Box 1176
 Sherman, TX 75091

Waiver Statement: (must be signed) With signed completion of this entry, I assume full responsibility for any injury or accident which may occur during participation in the event or while on event premises. I release and hold harmless sponsor, promoters and all persons and entities associated with the event. I will not enter unless medically fit and properly trained. I know there may be traffic on the course. I assume the risks associated with the event, including but not limited to falls, contact with other participants, effects of weather including heat and/or humidity, and conditions of the road. If used, I assume all responsibility associated with operation of a baby jogger. I grant my permission to use photographs, videotape, or any other record of this event. I have read the foregoing and certify my agreement by my signature, and my parent's or guardian's if under 18.

 Signature of Participant

 Signature of Parent/Guardian (if under 18)

NON PROFIT
U.S. POSTAGE
PAID
SHERMAN, TX
75090
PERMIT NO. 139



presents the

4th Annual 5K/15K & Mini-K

September 19, 2009

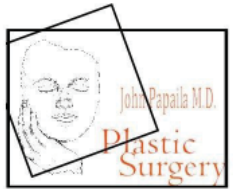
in conjunction with the

27th Annual

sherman
arts
festival

Sherman, Texas

www.shermantx.org



Tyson Foods, Inc.



SHERMAN 120 W. King Street
EDUCATION P. O. Box 1176
FOUNDATION Sherman, TX 75090
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